

# Menus

School: Livingston County R-3

Academic Year: 2019-20

Meal: All

Month: March 2020

March				
M	Tu	W	Th	F
2 <b>Breakfast:</b> Whole grain pancakes, syrup, fruit, juice, milk <b>Lunch:</b> Whole grain chicken patty, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	3 <b>Breakfast:</b> Biscuit, sausage patty, fruit, juice, milk <b>Lunch:</b> BBQ pork ribette, au gratin potatoes, green beans, whole wheat bread & butter, fruit, milk	4 <b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Taco soup, corn chips, celery sticks, fruit, milk	5 <b>Breakfast:</b> Bacon egg scramble, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Turkey & cheese roll-up, celery sticks, raw baby carrots, baked chips, fruit, milk	6 <b>Breakfast:</b> Whole grain Pop-Tart, strawberry Go-gurt, fruit, juice, milk <b>Lunch:</b> Hot ham & cheese on whole wheat bun, french fries, carrots, fruit
9 <b>Breakfast:</b> Whole grain French toast, syrup, fruit, juice, milk <b>Lunch:</b> Toasted chicken patty, mashed potatoes & gravy, broccoli, whole wheat bread & butter, fruit, milk	10 <b>Breakfast:</b> Breakfast burrito, fruit, juice, milk <b>Lunch:</b> Hamburger patty on whole wheat bun, french fries, pork & beans, fruit, milk	11 <b>Breakfast:</b> Wholegrain cereal, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Lasagna roll-up, tossed Romaine salad w/low-fat Ranch, green beans, whole wheat bread & butter, fruit, milk	12 <b>Breakfast:</b> Biscuit, sausage gravy, fruit, juice, milk <b>Lunch:</b> Turkey & cheese on whole wheat bread, celery sticks, raw baby carrots, baked chips, fruit, milk	13
16 <b>Breakfast:</b> Whole grain breakfast bites, syrup, fruit, juice, milk <b>Lunch:</b> Whole grain chicken nuggets, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	17 <b>Breakfast:</b> Biscuit, sausage patty, fruit, juice, milk <b>Lunch:</b> Pepperoni pizza, tossed Romaine salad w/low-fat Ranch, green beans, fruit, milk	18 <b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk <b>Lunch:</b> BBQ pork ribette, au gratin potatoes, peas, whole wheat bread & butter, fruit, milk	19 <b>Breakfast:</b> Cheese omelet, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Ham & cheese on whole wheat bread, celery sticks, raw baby carrots, baked chips, fruit, milk	20 <b>Breakfast:</b> Whole grain cereal bar, strawberry Go-gurt, fruit, juice, milk <b>Lunch:</b> Chicken & cheese burrito, refried beans, whole kernel corn, fruit, milk
23 <b>Breakfast:</b> Whole grain pancakes, syrup, fruit, juice, milk <b>Lunch:</b> Whole grain chicken patty, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	24 <b>Breakfast:</b> Breakfast pizza, fruit, juice, milk <b>Lunch:</b> Whole grain fish wedge, au gratin potatoes, green beans, whole wheat bread & butter, fruit, milk	25 <b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Turkey & cheese on whole wheat bread, baked chips, raw baby carrots, celery sticks, fruit, milk	26 <b>Breakfast:</b> Bacon egg scramble, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Taco burger, refried beans, whole kernel corn, fruit, milk	27 <b>Breakfast:</b> Whole grain waffles, syrup, fruit, juice, milk <b>Lunch:</b> corn dog, mashed potatoes, carrots, fruit, milk
30 <b>Breakfast:</b> Whole grain French toast, syrup, fruit, juice, milk <b>Lunch:</b> Whole grain chicken nuggets, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	31 <b>Breakfast:</b> Biscuit, sausage patty, fruit, juice, milk <b>Lunch:</b> BBQ pork ribette, au gratin potatoes, green beans, whole wheat bread & butter, fruit, milk	1 <b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Chicken noodle soup, PBJ Jamwich, celery sticks, raw baby carrots, fruit, milk	2 <b>Breakfast:</b> Breakfast burrito, fruit, juice, milk <b>Lunch:</b> Hot ham & cheese on whole wheat bun, french fries, carrots, fruit, milk	3 <b>Breakfast:</b> Whole grain Pop-Tart, strawberry Go-gurt, fruit, juice, milk <b>Lunch:</b> Walking tacos w/shredded cheese, shredded lettuce, refried beans, fruit, milk