

# Menus

School: Livingston County R-3

Academic Year: 2017-18

Meal: All

Month: January 2018

January				
M	Tu	W	Th	F
1	<p><b>Breakfast:</b> Whole grain French toast, reduced calorie syrup, fruit, juice, milk</p> <p><b>Lunch:</b> Whole grain chicken chunks, mashed potatoes, sliced carrots, whole wheat bread &amp; butter, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p><b>Lunch:</b> BBQ Pork Ribette, au gratin potatoes, broccoli, whole wheat bread &amp; butter, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain breakfast pizza, fruit, juice, milk</p> <p><b>Lunch:</b> Hamburger patty on whole wheat bun, potato wedges, whole kernel corn, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain breakfast chicken patty, whole grain biscuit, fruit, juice, milk</p> <p><b>Lunch:</b> Chili, cinnamon roll, celery sticks, whole grain crackers, fruit, milk</p>
8	<p><b>Breakfast:</b> Whole grain mini pancakes, reduced calorie syrup, fruit, juice, milk</p> <p><b>Lunch:</b> Whole grain pepperoni pizza, tossed Romaine salad w/low-fat Ranch, peas, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p><b>Lunch:</b> Whole grain fish wedge, au gratin potatoes, carrots, whole wheat bread &amp; butter, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain biscuit, sausage gravy, fruit, juice, milk</p> <p><b>Lunch:</b> Beef &amp; bean burrito, refried beans, whole kernel corn, fruit, milk</p>	<p><b>Breakfast:</b> Breakfast bites, reduced calorie syrup, fruit, juice, milk</p> <p><b>Lunch:</b> Sloppy Joe on whole wheat bun, potato wedges, green beans, fruit, milk</p>
15	<p><b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p><b>Lunch:</b> Tomato soup, grilled cheese, celery sticks, whole grain crackers, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain mini waffles, reduced calorie syrup, fruit, juice, milk</p> <p><b>Lunch:</b> Lasagna roll-up, tossed Romaine salad w/low-fat Ranch, whole kernel corn, whole wheat bread stick, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain biscuit, sausage patty, fruit, juice, milk</p> <p><b>Lunch:</b> Hot ham &amp; cheese on whole wheat bun, potato wedges, peas, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain mini French toast, reduced calorie syrup, fruit, juice, milk</p> <p><b>Lunch:</b> Walking tacos w/shredded cheese, shredded lettuce, refried beans, fruit, milk</p>
22	<p><b>Breakfast:</b> Breakfast burrito, fruit, juice, milk</p> <p><b>Lunch:</b> BBQ pork ribette, au gratin potatoes, broccoli, whole wheat bread &amp; butter, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p><b>Lunch:</b> Chicken noodle soup, PBJ, celery sticks, whole grain crackers, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain biscuit, sausage gravy, fruit, juice, milk</p> <p><b>Lunch:</b> Corn dog, mashed potatoes, carrots, fruit, milk</p>	<p><b>Breakfast:</b> Breakfast pizza, fruit, juice, milk</p> <p><b>Lunch:</b> Chicken &amp; cheese burrito, refried beans, whole kernel corn, fruit, milk</p>
29	<p><b>Breakfast:</b> Whole grain waffles, reduced calorie syrup, fruit, juice, milk</p> <p><b>Lunch:</b> Whole grain chicken nuggets, mashed potatoes, broccoli, whole wheat bread &amp; butter, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p><b>Lunch:</b> Whole grain pepperoni pizza, tossed Romaine salad w/low-fat Ranch, whole kernel corn, fruit, milk</p>	<p><b>Breakfast:</b> Whole grain biscuit, sausage patty, fruit, juice, milk</p> <p><b>Lunch:</b> Whole grain fish wedge, au gratin potatoes, green beans, whole wheat bread &amp; butter, fruit, milk</p>	1
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