

# Menus

School: Livingston County R-3  
Meal: All  
Month: December 2017

Academic Year: 2017-18

| December   |   |  |  |   |
|--|---|--|--|---|
| M  | Tu  | W  | Th   | F   |
| 27<br><b>Breakfast:</b><br>Whole grain French toast, reduced calorie syrup, fruit, juice, milk<br><b>Lunch:</b><br>Whole grain chicken patty, mashed potatoes & gravy, broccoli, whole wheat bread & butter, fruit, milk | 28<br><b>Breakfast:</b><br>Whole grain cereal, whole wheat toast, fruit, juice, milk<br><b>Lunch:</b><br>Hamburger patty on whole wheat bun, potato wedges, whole kernel corn, fruit, milk              | 29<br><b>Breakfast:</b><br>Breakfast chicken patty, whole grain biscuit, fruit, juice, milk<br><b>Lunch:</b><br>BBQ pork ribette, au gratin potatoes, green beans, whole wheat bread & butter, fruit, milk | 30<br><b>Breakfast:</b><br>Breakfast pizza, fruit, juice, milk<br><b>Lunch:</b><br>Turkey & cheese on whole wheat bread, baked chips, carrot sticks, fruit, milk               | 1<br><b>Breakfast:</b><br>Whole grain cereal bar, Go-Gurt stick, fruit, juice, milk<br><b>Lunch:</b><br>Taco soup w/corn chips, celery sticks, fruit, milk                              |
| 4<br><b>Breakfast:</b><br>Whole grain mini waffles, reduced calorie syrup, fruit, juice, milk<br><b>Lunch:</b><br>Tomato Soup, grilled cheese, celery sticks, fruit, milk  | 5<br><b>Breakfast:</b><br>Whole grain cereal, whole wheat toast, fruit, juice, milk<br><b>Lunch:</b><br>Whole grain chicken nuggets, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk | 6<br><b>Breakfast:</b><br>Breakfast burrito, fruit, juice, milk<br><b>Lunch:</b><br>Lasagna roll-up, tossed Romaine salad w/low-fat Ranch, whole kernel corn, whole wheat bread stick, fruit, milk         | 7<br><b>Breakfast:</b><br>Whole grain biscuit, sausage patty, fruit, juice, milk<br><b>Lunch:</b><br>Whole grain corn dog, mashed potatoes, carrots, fruit, milk               | 8<br><b>Breakfast:</b><br>Breakfast bites, reduced calorie syrup, fruit, juice, milk<br><b>Lunch:</b><br>Walking tacos w/shredded cheese & shredded lettuce, refried beans, fruit, milk |
| 11<br><b>Breakfast:</b><br>Whole grain mini pancakes, reduced calorie syrup, fruit, juice, milk<br><b>Lunch:</b><br>Whole grain chicken patty, mashed potatoes & gravy, carrots, whole wheat bread & butter, fruit, milk | 12<br><b>Breakfast:</b><br>Whole grain cereal, whole wheat toast, fruit, juice, milk<br><b>Lunch:</b><br>Whole grain fish wedge, au gratin potatoes, peas, whole wheat bread & butter, fruit, milk      | 13<br><b>Breakfast:</b><br>Whole grain biscuit, sausage gravy, fruit, juice, milk<br><b>Lunch:</b><br>Pepperoni pizza, tossed Romaine salad w/low-fat Ranch, whole kernel corn, fruit, milk                | 14<br><b>Breakfast:</b><br>Cheese omelet, whole wheat toast, fruit, juice, milk<br><b>Lunch:</b><br>Baked ham, mashed potatoes, green beans, whole wheat hot roll, fruit, milk | 15<br><b>Breakfast:</b><br>Breakfast pizza, fruit, juice, milk<br><b>Lunch:</b><br>Hot dog on whole wheat bun, baked beans, potato wedges, fruit, milk                                  |
| 18   | 19  | 20   | 21   | 22  |
| 25   | 26  | 27   | 28   | 29  |

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