

Menus

School: Livingston County R-3

Academic Year: 2018-19

Meal: All

Month: August 2018

August				
M	Tu	W	Th	F
30	31	1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
		<p>Breakfast: Whole grain cereal, whole wheat toast, banana, juice, milk</p> <p>Lunch: Ham & cheese on whole wheat bread, baked chips, raw baby carrots, celery sticks, fruit, milk</p>	<p>Breakfast: Whole grain mini French toast, reduced calorie syrup, fruit, juice, milk</p> <p>Lunch: Whole grain pepperoni pizza, tossed Romaine salad w/low-fat Ranch, whole kernel corn, fruit, milk</p>	<p>Breakfast: Whole grain biscuit, sausage patty, fruit, juice, milk</p> <p>Lunch: Hamburger patty on whole wheat bun, potato wedges, baked beans, fruit, milk</p>
27	28	29	30	31
<p>Breakfast: Cheese omelet, whole wheat toast, fruit, juice, milk</p> <p>Lunch: Whole grain chicken patty, mashed potatoes & gravy, broccoli, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p>Lunch: BBQ Pork Ribette, au gratin potatoes, peas, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Whole grain pancakes, reduced calorie syrup, fruit, juice, milk</p> <p>Lunch: Lasagna roll up, tossed Romaine salad w/low-fat Ranch, whole kernel corn, whole wheat breadstick, fruit, milk</p>	<p>Breakfast: Breakfast pizza, fruit, juice, milk</p> <p>Lunch: Turkey & cheese on whole wheat bread, baked chips, raw baby carrots, celery sticks, fruit, milk</p>	<p>Breakfast: Whole grain biscuit, sausage gravy, fruit, juice, milk</p> <p>Lunch: Walking tacos w/shredded cheese & lettuce, refried beans, fruit, milk</p>