

Menus

School: Livingston County R-3

Academic Year: 2017-18

Meal: All

Month: August 2017

August				
M	Tu	W	Th	F
31	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	<p>Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p>Lunch: Ham & cheese on whole wheat bread, baked chips, raw baby carrots, celery sticks, fruit, milk</p>	<p>Breakfast: Whole grain french toast, reduced calorie syrup, fruit, juice, milk</p> <p>Lunch: Pepperoni pizza, tossed Romaine salad w/low-fat Ranch dressing, whole kernel corn, fruit, milk</p>	<p>Breakfast: Whole grain biscuit, sausage patty, fruit, juice, milk</p> <p>Lunch: Hamburger patty on whole wheat bun, potato wedges, baked beans, fruit, milk</p>
28	29	30	31	1
<p>Breakfast: Cheese omelet, whole wheat toast, fruit, juice, milk</p> <p>Lunch: Whole grain chicken patty, mashed potatoes & gravy, broccoli, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p>Lunch: BBQ pork ribette, au gratin potatoes, peas, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Whole grain pancakes, reduced calorie syrup, fruit, juice, milk</p> <p>Lunch: Lasagna roll-up, tossed Romaine salad w/low-fat Ranch dressing, whole kernel corn, whole wheat breadstick, fruit, milk</p>	<p>Breakfast: Breakfast pizza, fruit, juice, milk</p> <p>Lunch: Bologna & cheese on whole wheat bread, baked chips, celery sticks, raw baby carrots, fruit, milk</p>	<p>Breakfast: Whole grain biscuit, sausage gravy, fruit, juice, milk</p> <p>Lunch: Walking tacos w/shredded cheese & shredded lettuce, refried beans, fruit, milk</p>

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