

Menus

School: Livingston County R-3

Academic Year: 2017-18

Meal: All

Month: April 2018

April				
M	Tu	W	Th	F
2	3 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: Whole grain chicken patty, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	4 Breakfast: Breakfast pizza, fruit, juice, milk Lunch: Hot dog on whole wheat bun, potato wedges, whole kernel corn, fruit, milk	5 Breakfast: Whole grain waffles, reduced calorie syrup, fruit, juice, milk Lunch: Ham & cheese on whole wheat bread, raw baby carrots, celery sticks, baked chips, fruit, milk	6 Breakfast: Whole grain biscuit, sausage gravy, fruit, juice, milk Lunch: Walking tacos, shredded lettuce, refried beans, fruit, milk
9 Breakfast: Cereal bar, Go-gurt, fruit, juice, milk Lunch: Whole grain chicken nuggets, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	10 Breakfast: Whole grain pancakes, reduced calorie syrup, fruit, juice, milk Lunch: Whole grain fish wedge, au gratin potatoes, sliced carrots, whole wheat bread & butter, fruit, milk	11 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: Lasagna roll-up, tossed Romaine salad w/low-fat Ranch dressing, whole kernel corn, whole wheat breadstick, fruit, milk	12 Breakfast: Breakfast burrito, fruit, juice, milk Lunch: Turkey slice, mashed potatoes, peas, whole wheat bread & butter, fruit, milk	13 Breakfast: Whole grain biscuit, sausage patty, fruit, juice, milk Lunch: Hamburger patty on whole wheat bun, potato wedges, baked beans, fruit, milk
16 Breakfast: Whole grain French toast, reduced calorie syrup, fruit, juice, milk Lunch: Whole grain chicken patty, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	17 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: BBQ Pork Ribette, au gratin potatoes, peas, whole wheat bread & butter, fruit, milk	18 Breakfast: Whole grain biscuit, egg patty, fruit, juice, milk Lunch: Spaghetti w/meat sauce, tossed Romaine salad w/low-fat Ranch, green beans, whole wheat breadstick, fruit, milk	19 Breakfast: Whole grain waffles, reduced calorie syrup, fruit, juice, milk Lunch: Beef & bean burrito, whole kernel corn, refried beans, fruit, milk	20 Breakfast: Scrambled eggs, whole wheat toast, fruit, juice, milk Lunch: Sloppy Joe on whole wheat bun, potato wedges, carrots, fruit, milk
23 Breakfast: Breakfast bites, reduced calorie syrup, fruit, juice, milk Lunch: Hot dog on whole wheat bun, potato wedges, peas, fruit, milk	24 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: Whole grain chicken nuggets, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	25 Breakfast: Whole grain biscuit, sausage gravy, fruit, juice, milk Lunch: Pepperoni Pizza, tossed Romaine salad w/low-fat Ranch dressing, whole kernel corn, fruit, milk	26 Breakfast: Whole grain pancakes, reduced calorie syrup, fruit, juice, milk Lunch: Turkey & cheese on whole wheat bread, baked chips, celery sticks, raw baby carrots, fruit, milk	27 Breakfast: Cheese omelet, whole wheat toast, fruit, juice, milk Lunch: Walking tacos, w/shredded lettuce, refried beans, sherbet, milk
30 Breakfast: Whole grain waffles, reduced calorie syrup, fruit, juice, milk Lunch: Whole grain chicken patty, mashed potatoes, carrots, whole wheat bread & butter, fruit, milk	1 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: BBQ Pork Ribette, au gratin potatoes, broccoli, whole wheat bread & butter, fruit, milk	2 Breakfast: Breakfast burrito, fruit, juice, milk Lunch: Mac & cheese, cole slaw, peas, whole wheat bread & butter, fruit, milk	3 Breakfast: Whole grain biscuit, sausage patty, fruit, juice, milk Lunch: Grilled cheese, tomato soup, celery sticks, fruit, milk	4 Breakfast: Whole grain French toast, reduced calorie syrup, fruit, juice, milk Lunch: Hamburger patty on whole wheat bun, potato wedges, baked beans, fruit, milk

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