

Menus

School: Livingston County R-3

Academic Year: 2021-22

Meal: All

Month: November 2021

November				
M	Tu	W	Th	F
1 Breakfast: Cereal, Whole Wheat Toast, Fresh Fruit, Milk, Juice Lunch: Sloppy Joe, on Whole Wheat Bun, Whole Kernel Corn, Chips, Fruit, Milk	2 Breakfast: Breakfast Chicken Patty on Biscuit, Fruit, Juice, Milk Lunch: Lasagna Roll-Up with Red Sauce, Broccoli, Whole Grain Garlic Toast, Fruit, Milk	3 Breakfast: Strawberry Poptart, Yogurt, Fruit, Juice, Milk Lunch: Corn Dog, Tater Tots, Sliced Carrots, Fruit, Milk	4 Breakfast: Sausage Patty on Whole Grain English Muffin, Fruit, Juice, Milk Lunch: Grilled Chicken, Mashed Potatoes, Kidney Beans, Whole Wheat Bread & Butter, Fruit, Milk	5 Breakfast: Blueberry Muffin, String Cheese, Fruit, Juice, Milk Lunch: Chili, Whole Grain Crackers, Celery Sticks, Cinnamon Roll, Fruit, Milk
8 Breakfast: Cereal, Whole Wheat Toast, Fresh Fruit, Milk, Juice Lunch: Chicken Patty on Whole Wheat Bun, Mashed Potatoes, Whole Baby Carrots with Ranch Dressing, Fruit, Milk	9 Breakfast: Biscuit and Sausage Gravy, Fruit, Juice, Milk Lunch: Spaghetti with Meat Sauce, Whole Kernel Corn, Whole Grain Garlic Toast, Fruit, Milk	10 Breakfast: Mini Pancakes, Syrup, Fruit, Juice, Milk Lunch: BBQ Ribette, Hash Round, Green Beans, Whole Wheat Bread & Butter, Fruit, Milk	11 Breakfast: Cheese Omelet, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Meatballs, Mashed Potatoes with Gravy, Lima Beans, Whole Wheat Bread & Butter, Fruit, Milk	12 Breakfast: Donut, Fruit and Yogurt Parfait, Fruit, Juice, Milk Lunch: Cheese Pizza, Tossed Romaine Salad with Ranch, Sliced Cucumbers, Fruit, Milk
15 Breakfast: Cereal, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Hamburger on Whole Wheat Bun, Chips, Green Beans, Fruit, Milk	16 Breakfast: Cinnamon Toast, Sausage Links, Fruit, Juice, Milk Lunch: Chicken Nuggets, Mashed Potatoes, Broccoli, Whole Wheat Bread & Butter, Fruit, Milk	17 Breakfast: Mini Waffles, Syrup, Fruit, Juice, Milk Lunch: Walking Tacos with Shredded Lettuce, Cheese, Diced Tomatoes, Refried Beans, Fruit, Milk	18 Breakfast: Breakfast Pizza, Fruit, Juice, Milk Lunch: Fish Sticks, Macaroni and Cheese, Peas, Fruit, Milk	19 Breakfast: Cherry Frudel, String Cheese, Fruit, Juice, Milk Lunch: Chicken Noodle Soup, Whole Grain Crackers, PB & J Uncrustable, Celery Sticks, Fruit, Milk
22 Breakfast: Cereal, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Hot Dog on Whole Wheat Bun, Sweet Potato Fries, Peas, Fruit, Milk	23 Breakfast: Egg and Bacon on Biscuit, Fruit, Juice, Milk Lunch: Turkey, Mashed Potatoes with Gravy, Green Beans, Dinner Roll, Pumpkin Pie, Milk	24	25	26
29 Breakfast: Cereal, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Sloppy Joe on Whole Wheat Bun, Whole Kernel Corn, Chips, Fruit, Milk	30 Breakfast: Breakfast Chicken Patty on Biscuit, Fruit, Juice, Milk Lunch: Lasagna Roll-Up with Red Sauce, Broccoli, Whole Grain Garlic Toast, Fruit, Milk	1	2	3