

Menus

School: Livingston County R-3

Academic Year: 2021-22

Meal: All

Month: September 2021

September				
M	Tu	W	Th	F
30 Breakfast: Breakfast Burrito, Fruit, Juice, Milk Lunch: Whole Grain Chicken Nuggets, Mashed Potatoes, Broccoli Whole Grain Bread & Butter, Fruit, Milk	31 Breakfast: Whole Grain Biscuit, Sausage Patty, Fruit, Juice, Milk Lunch: Turkey & Cheese/Whole Wheat Bread, Baked Chips, Carrots, Celery Sticks, Fruit, Milk	1 Breakfast: Whole Grain Cereal, Whole Wheat Toast, Fruit, Juice, Milk Lunch: BBQ Pork Ribette, Au Gratin Potatoes, Green Beans, Whole Grain Bread & Butter, Fruit, Milk	2 Breakfast: Bacon & Egg Scramble, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Corn Dog, Mashed Potatoes, Carrots, Fruit, Milk	3 Breakfast: Whole Grain Waffles, Syrup, Fruit, Juice, Milk Lunch: Walking Tacos with Shredded Lettuce & Cheese, Refried Beans Fruit, Milk
6	7 Breakfast: Whole Grain Pancakes, Syrup, Fruit, Juice, Milk Lunch: Roasted Chicken Patty, Mashed Potatoes & Gravy, Carrots, Whole Wheat Bread & Butter, Fruit, Milk	8 Breakfast: Biscuit, Sausage gravy, Fruit, Juice, Milk Lunch: Spaghetti with meat sauce, Romaine Salad with low-fat Ranch, Whole Wheat Bread & Butter, Fruit, Milk	9 Breakfast: Whole Grain Cereal, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Turkey & Cheese Roll-ups, Celery Sticks, Carrots, Baked Chips, Fruit, Milk	10 Breakfast: Whole Grain French Toast, Syrup, Fruit, Juice, Milk Lunch: Hot Dog on Whole Wheat Bun, Pork & Beans, French Fries, Fruit, Milk
13 Breakfast: Whole Grain Breakfast Bites, Syrup, Fruit, Juice, Milk Lunch: Whole Grain Chicken Patty, Mashed Potatoes, Broccoli, Whole Wheat Bread & Butter, Fruit, Milk	14 Breakfast: Biscuit, Sausage Patty, Fruit, Juice, Milk Lunch: Whole Grain Fish Wedge, French Fries, Peas, Whole Wheat Bread & Butter, Fruit, Milk	15 Breakfast: Whole Grain Cereal, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Lasagna, Romaine Salad with Low-fat Ranch, Green Beans, Whole Wheat Bread & Butter, Fruit, Milk	16 Breakfast: Bacon & Egg Scramble, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Beef & Bean Burrito, Refried Beans, Whole Kernel Corn, Fruit, Milk	17 Breakfast: Whole Grain Pancakes, Syrup, Fruit, Juice, Milk Lunch: BBQ Pork Ribette, Au Gratin Potatoes, Carrots, Whole Wheat Bread & Butter, Fruit, Milk
20 Breakfast: Whole Grain Waffle, Syrup, Fruit, Juice, Milk Lunch: Whole Grain Chicken Nuggets, Mashed Potatoes, Broccoli, Fruit, Milk	21 Breakfast: Biscuit, Breakfast Chicken Patty, Fruit, Juice, Milk Lunch: Turkey Cheese on Whole Wheat Bread, Baked Chips, Carrots, Celery Sticks, Fruit, Milk	22 Breakfast: Whole Grain Berry Colossal, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Pepperoni Pizza, Romaine Salad, with Low-fat Ranch, Whole Kernel Corn, Fruit, Milk	23 Breakfast: Cheese Omelet, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Hot Ham & Cheese on Whole Wheat Bun, French Fries, Peas, Fruit, Milk	24 Breakfast: Strawberry Pop-Tart, Go-Gurt, Fruit, Juice, Milk Lunch: Walking Taco w/Shredded cheese, lettuce & cheese, Refried Beans, Fruit, Milk
27 Breakfast: Whole Grain French Toast, Syrup, Fruit, Juice, Milk Lunch: Roasted Chicken Patty, Mashed Potatoes & Gravy, Broccoli, Whole Wheat Bread & Butter, Fruit, Juice	28 Breakfast: Biscuit, Sausage Patty, Fruit, Juice, Milk Lunch: BBQ Pork Ribette, Au Gratin Potatoes, Whole Kernel Corn, Whole Wheat Bread & Butter, Fruit, Milk	29 Breakfast: Breakfast Burrito, Fruit, Juice, Milk Lunch: Corn Dog, Mashed Potatoes, Green Beans, Fruit, Milk	30 Breakfast: Whole Grain Cereal, Whole Wheat Toast, Fruit, Juice, Milk Lunch: Turkey & Ham Sub, Baked Chips, Carrots, Fruit, Milk	1